

MAXIMIZING
ABILITIES TO
LIVE
INDEPENDENTLY
AND SUPPORT A
JOURNEY
OF GROWTH



www.traverseindependence.ca

TRAVERSE
INDEPENDENCE



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TRAVERSE
INDEPENDENCE
BRAIN INJURY
SERVICES

**SUPPORTING
PEOPLE TO
TRAVERSE THE
DISTANCE TO
INDEPENDENCE**

Our Staff

Our Community Facilitators work with you and your team to apply goals and strategies of daily living in the following areas of independent living:

- Referral and connection to housing supports, income stabilization, food security
- Connection with primary care, mental health and addictions supports
- General ABI support and strategies.

Person-Centred Care

You and your caregiver/family will work with our team to develop your care plan including goals and objectives.

Access to Services

Low-barrier access using the HELPs screening tool.

Respect & Consistency

Right support, right place.
Individual goals based on needs and social determinants of health.
Integrated services with other community supports.



"I'm so grateful that there is this program available to help in my recovery. I'm looking forward to seeing what's to come next!"

-Karen
(Outreach & ABI Day Program)

Our Services

Intensive Case Coordination

Behavioural Supports

Outreach Programs

Mainstream Outreach

- Working one to one with a Community Facilitator on a consistent basis.

ABI in the Streets (ABIS)

- Working with a Community Facilitator wherever person is located.

Goals Attainment Program (GAP)

- Working with a Community Facilitator at scheduled locations.
- Short-term support until mainstream outreach becomes available.

ABI Day Programs

Residential Programs

- Affordable housing
- Transitional living (short & long stay)
- Supportive housing
- ABI long stay group home

Brain Injury Education

Caregiver Support Group