



TRAVERSE INDEPENDENCE LIFE AFTER BRAIN INJURY FOLDER – TEXT ONLY

Traverse Independence assists adults with acquired brain injuries (ABI) and physical disabilities traverse the distance between where they are today and where they dream of being - independent and self-sufficient.

Traverse Independence for every step of the journey.

REAL OPTIONS WITH TRAVERSE INDEPENDENCE

- Apartment living at its finest – a variety of settings and support levels
- Long term apartment settings – living on an annuity
- Transitional living
- Outreach supports in the place called home
- ABI day programs
- Small group activities
- Caregiver support groups

INDEPENDENCE

- One person, one apartment
- Surrounded by things that have meaning
- Services designed to support confidence and learning

RESPECT

- Privacy – support only when needed, space is respected
- Opportunity to stretch to new goals, to dream of the future

CONSISTENCY

- Private and Traverse Independence teams work side by side
- Individual goals for return to work, school and the community
- Determine future cost of care in a real setting

FLEXIBILITY

- Move to next level of independence with consistent support
- Service levels adapt as improvement occurs
- Continued options after settlement

PRACTICAL MATTERS

You...

- Are funded by individualized treatment plans
- Have access to rent and an allowance for living expenses
- Do not have to sign a lease

CHALLENGES

You may need help with...

- Mental health issues such as depression or anxiety
- Addictions
- Memory, distraction, getting lost, lack of focus
- Anger, frustration and acting out

SAFETY

Supports will...

- Allow for discharge from the hospital or long-term care facility
- Start with one-to-one staff if needed
- Keep you safe and reduce your family's worries
- Accommodate walker, wheelchair or any other equipment

PLEASE CALL

Take the next step on your journey with Traverse Independence and discover real options for life after brain injury.

All referrals are considered unique and plans are designed by the Traverse Independence team, in consultation with the client, family/advocates, case manager, medical/rehabilitative team and lawyer.

Contact the ABI intake coordinator for more information: 519.741.5845 or email abiref@travind.ca.

Visit www.traverseindependence.ca for more information.